

Sage



Newsletter Sept 2017

For LGBT people aged 50 + in Leeds



Sage is a Time To Shine project focused on reducing the social isolation faced by older LGBT people.

Sage offers activities, events, opportunities for volunteering and training.

Contact Jude Woods to find out more:

Mobile: 07736151 895 Landline: 0113 244 4209 Email: j.woods@mesmac.co.uk

Mail: 22/23 Blayds Yard, Leeds, LS1 4AD Facebook: Search for Jude Mesmac
www.mesmac.co.uk www.ageuk.org.uk/leeds/ www.timetoshineleeds.org/



(LGBT: Lesbian, Gay, Bisexual, Trans)

Can you help?

Sage is funded by Time to Shine, using National Lottery funding. We want to find out if projects like Sage help older LGBT people to socialise more, feel less lonely, improve their wellbeing or take part in community activities.

We have a confidential, online evaluation questionnaire that we would like you to complete if you are over the age of 50 and have been to any Sage event or activity (or if you plan to become involved). Time to Shine uses the evidence we collect in Leeds to try to improve services and activities for all older people in the future.



If you'd like to complete the online questionnaire, firstly please click this SurveyMonkey link to read the information sheet: <https://www.surveymonkey.com/r/TTSinformation>

Next, please click this SurveyMonkey link to complete and submit an online consent form:

<https://www.surveymonkey.co.uk/r/TTSc Consent>

When these have been received by Time to Shine, one of the team will then send an email to you which contains a link to the online evaluation questionnaire. You can also ask Jude for a paper copy.

Thank You



Drop-IN

First Thursday of the month
AND third Saturday of the month (except December)

MESMAC Leeds

12.30—4



5/10/17 & 21/10/17, 2/11/17 & 18/11/17 Christmas Social: 21/12/17



Sage offers a twice monthly Drop-IN social for older LGBT people, drop by anytime between 12.30 and 4pm for a cuppa and a chat. Meet other older people, Sage volunteers and the Community Development Worker (Jude Woods) and find out more about the project.

Mobile: 07736151 895 Landline: 0113 244 4209

MESMAC: 22/23 Blayds Yard, Leeds, LS1 4AD

j.woods@mesmac.co.uk Facebook: Search for Jude Mesmac

www.mesmac.co.uk www.ageuk.org.uk/leeds/ www.timetoshineleeds.org/



(LGBT: Lesbian, Gay, Bisexual, Trans)

Sage celebrating

International Day of Older People



Oct 13th

Heart Centre

Headingley LS6 3HN



The Purple List ... a gay dementia venture

Written by: Libby Pearson Performed by: Ian Baxter Directed by: Graeme Brown Music by: Nick Shelton Training Ideas by: Noel Ward

A one man performance exploring the LGBT experience of living with dementia, followed by a discussion.

For professionals, carers and anyone who wants to learn more

Intergenerational Social

Celebrating with older LGBT people

4 - 10.30pm

for LGBT people and allies

Meal: £10 (6-8pm)

Contact Jude before 6/10/17
to book a meal

Bar and veggie/vegan available

Free but donation appreciated

**Dancing with 60s, 70s and 80s disco stylings provided by
Kevin Hickson and his Musical Time Machine 8.00 – 10.30**





Contact Jude if you want a meal (you don't have to specify which things) and be prepared to pay £10 cash on the night.

'What's on the menu?'

Diners will be able to choose from:

- Spring onion and salmon fishcakes
- Vegetarian bean burgers topped with crispy halloumi (vegan option Falafel)
- Ham hock and mustard terrine
- BBQ roasted chicken
- Selection of homemade tarts (various vegetarian)
- Caprese salad (vegetarian)
- Lentil salad (vegan)
- Flapjacks (vegetarian)
- Sea salt brownie (vegetarian)
- Vegan Dessert (TBD)

Do fancy coming but you need a bit of help?

Heart has good access, find out more: 0113 275 4548

<https://www.heartcentre.org.uk/about/accessibility/>

Get in touch with Jude if you need any more information or to just talk through what might help you to be able to come and join us. All the contact details are on the front page.



We will have a separate quieter room for people to chat as well as the disco in the larger room.

NEW GROUP For Trans & Non-Binary People Ages 45+

A friendly support and social gathering

2pm-3:30pm on 18th October

If you'd like to attend but can't attend this date then please get on touch.

This is a new group in partnership with



Sage for older LGBT people

Location:

Yorkshire Mesmac, 22/23 Blayds Yard, Leeds, LS1 4AD

Email: Jamie.Fletcher1@nhs.net

Phone: 07980 970026 or 0113 244 4209

**Yorkshire
MESMAC**

GROUP OF SERVICES



LOTTERY FUNDED



Leeds and York Partnership

NHS Foundation Trust



Events

and activities for LGBT people (50+):



Out in Leeds



A monthly social group for older (50+) Lesbian, Gay, Bisexual and Trans people . The group meets at Age UK Leeds in the Harrison Room: <http://www.ageuk.org.uk/leeds/the-arch-cafe/> 11am—1

16/10/17: Age UK Harrison Room: Talk about Lasting Powers of Attorney and Wills

20/11/17: Age UK Harrison Room: Tell a story time..
Participants are invited to tell a story or poem (real or made up) or bring a story or poem to share. Come along with a contribution or just to enjoy listening to the stories.

14/12/17: Opening of exhibition of the groups painting at LGI (details to come) followed by a seasonal get together at the Cuthbert Brodrick in Millennium Square at 12.30 (99 Portland Cres, Leeds LS1 3HJ).

15/1/18: Age UK Harrison Room: LGBTQ+ Leeds Co-Housing Project
Come and find out more and feedback your ideas about this new project which will provide housing and community space for older LGBTQ+ people and younger people too.

19/2/18: Age UK Harrison Room: LGBT History Month Film

Get in touch with Jude or Sarah if you have any questions or if you want to contact the group: Jude: j.woods@mesmac.co.uk 07736 151895 Sarah: Sarah.Prescott@ageukleeds.org.uk 07983 216339

Friends of Dorothy

We are delighted to inform you the official launch of
Friends of Dorothy

Thursday 28th September
Midday until 2:00pm
The Wardrobe, Leeds, LS9 8AH

The group will meet at the same time every
Thursday at The Wardrobe.
Supporting the older LGBT+ community.

With a great programme of events planned to
"inform, educate and entertain", in line with
Local Authority and National Charity
research into the needs of
the older LGBT+ community.

We want to create a safe space and are currently looking for funding.

RSVP: hello@friends-of-dorothy.co.uk

LEEDS BI GROUP

<http://bicomcommunitynews.co.uk/>

Talky space: 2nd
Wednesday of every
month, 7-9pm at:
Leeds Mesmac

Pub meet up: 1st
Tuesday of every
month, 7.30-10pm at:
Wharf Chambers (23-
25 Wharf Street, LS2
7EQ)

Image courtesy of Gilda Peterson

Protest

2 Sept 2017 - Feb 2018

Abbey House Museum



Leeds's rich history of protest movements have fought everything from war to government cuts. Uncover campaigners' stories through poignant objects: a mother's diary charts fears for her protestor son, while a padlock symbolises a campaigner's fight.

The display features contributions from local groups like the Leeds Quakers and LGBTQ community, as well as new films exploring the police perspective on protest and life before the NHS.

QUEER

a celebration of femme queerness

Public Opening 27th September
27th September - 20th October
Aire Place Studios, LS3 1JL

Exhibition by Jessica Crowley/ Danni Rudie: <https://www.facebook.com/events/1164867073614814/>



Lgbtq+ Symposium

Oct 9 10 - 4

Cartwright Hall,
Bradford

On the occasion of the opening of the David Hockney Gallery at Cartwright Hall Art Gallery, Bradford and the 50th year anniversary of the partial decriminalization of homosexuality in Britain we are hosting a one-day event that will provide an introduction to LGBTQ+ culture.

This is our first event of this kind and is an opportunity to start a conversation with people across the LGBTQ+ communities who we hope will contribute to our future plans. No previous knowledge is required just an enthusiasm to learn, discuss and be inspired!

Speakers: Jude Woods (West Yorkshire Queer Stories) Charlotte Keenan (British Art Curator, National Museums Liverpool) Kashif Nadim Chaudry (Artist) Phil Sayers (Artist) Jez Dolan (Artist) Debbie Sharp (Artist & Co-Founder of Penthouse)

Tickets (includes a vegetarian & vegan lunch): Waged £10/unwaged £5 Pay on the day but places must be booked in advance by emailing cartwright.hall@bradford.gov.uk or phoning 01274 431212.



Leeds LGBT+ Mapping Project

is running a survey for Black and Minority Ethnic LGBT+ people and Queer People of Colour in Leeds.

The survey is to understand the experiences and priorities of BME/QPOC LGBT+ people in the city.

The survey will take around 15 minutes to complete and there is an opportunity to win £50

<https://www.surveymonkey.co.uk/r/QPOC>

If you have any questions please get in touch with Anne-Marie Stewart at anne@opforum.org.uk



The weekend will begin on the Friday evening with the DIVA Literary Awards and continue with days full of book readings, writing workshops, panel discussions, poetry readings and more, focusing on lesbian writers from across the globe.

Our programme aims to reflect the diversity of the LGBT community, providing a platform for the voices and experiences of queer people. View the whole programme:

<http://www.divaliteraryfestival.com/the-programme.html>



Monday 25th September
10am to 2pm
St George's Centre
Great George St LS1 3DL



Queer Church Leeds is a gathering for LGBTQ+ people and Allies who would like to see a more inclusive church in Leeds. We know that for many LGBTQ+ people it is hard to find a safe place to talk about - and experience - God.

We should be clear: we believe God welcomes everyone, that no-one is more or less loved by God on the basis of their sexuality or gender identity. If you agree with us, you might want to come along and find out more.

This night will be an introduction to what Queer Church Leeds is hoping to become, so please come along and take this opportunity to be involved in shaping it. <https://www.facebook.com/events/372673446486375/>

How should your story end?

Good Endings

When you know that you do not have long to live

Or when you care or live with someone who has a limited life expectation



What matters to you?

Come spend a day with us to talk about the information, support and choices that would help you to experience a 'Good Ending'

A mixture of stands, stalls, presentations and workshops with Healthwatch, local groups and some health and care professionals - aiming to get local voices to influence care

**11 October,
10:00am - 3:30pm**

Places are free but limited, please register at:
info@healthwatchleeds.co.uk or telephone 0113 8980035
(confirmation and programme by 5 October 2017)


Nov 1 7 - 9 pm

at Cielo 18 York Place LS1 2EX



Loads of great films, see: <https://scalarama.com/leeds/>







An advertisement for Leeds Adult Learning. It features a colorful background with geometric shapes in red, blue, yellow, and green. The central text area is white with a black border. It includes the Leeds Adult Learning logo (an open book with colorful figures) and the text 'Leeds Adult Learning'. To the right, it asks 'Fancy a fresh challenge? Looking to learn new skills? Why not enrol on an enjoyable, part-time course near you?'. Below this, it lists various courses: Basic Computer Skills, Cooking, ESOL, Childcare, Job Search, Healthy Living, and Maths. At the bottom, it provides the website 'www.leedsadultlearning.co.uk' and a list of icons representing different subjects: a computer, a person, a paint palette, a hand, a briefcase, and a speech bubble with mathematical symbols. The Leeds City Council logo is in the bottom left, and contact information is in the bottom right.

 **Leeds Adult Learning**


*Fancy a fresh challenge?
Looking to learn new skills?
Why not enrol on an enjoyable,
part-time course near you?*

There are dozens of courses across Leeds covering everything you might want to learn about:

Basic Computer Skills	Childcare	Maths
Cooking	Job Search	And many more...
ESOL	Healthy Living	

Go to: www.leedsadultlearning.co.uk Search for a course by subject or location.

 **Leeds**
CITY COUNCIL

Any questions? Pop us an email at LAL@Leeds.gov.uk



**COMIC CON
23-24 SEPT**

A MASSIVE TWO DAY CONVENTION
& FESTIVAL VILLAGE IN THE HEART
OF LEEDS CITY CENTRE

THOUGHT BUBBLE

**UNDER 12s &
OVER 65s
GO FREE**

**BRIAN K.
VAUGHAN**

EX MACHINA,
PAPER GIRLS,
SAGA

FORMER
'MY CHEMICAL
ROMANCE' FRONTMAN

GERARD WAY

CURATOR OF DC'S
YOUNG ANIMAL
IMPRINT

**CHARLIE
ADLARD**

THE WALKING
DEAD

**FESTIVAL
18-24 SEPT**

A JAM-PACKED WEEK OF
INCLUSIVE EVENTS,
WORKSHOPS
AND
EXHIBITIONS



"THE BEST COMIC FESTIVAL IN BRITAIN"
-FORBIDDEN PLANET

"THOUGHT BUBBLE IS SO FRIENDLY YOU
COULD EVEN TAKE YOUR MUM"
-DAVID BARNETT FOR THE INDEPENDENT ONLINE

"THERE ISN'T ANYTHING ELSE LIKE IT IN THE UK.
IF YOU'VE EVER READ A COMIC THERE WILL BE SOMETHING
THAT WILL INTEREST YOU AT THOUGHT BUBBLE"
-SUPERROBOTMAYHEM

FOR MORE INFORMATION & TO BUY TICKETS VISIT
WWW.THOUTHBUBBLEFESTIVAL.COM

FREE Photography and Video Editing Workshop

The Leeds Hands-on Project

**Want to learn about
Photography & Video shooting and editing
Learn Some New Skills? Be Creative?**

Saturday 30th Sept 2017 – 10AM to 4PM

**Hillside Enterprise Centre
Beeston Road
Leeds
LS11 8ND**

**Bring your Camera or
Use ours if you do not
All activities are FREE**

**Digital Camera Techniques
Editing on the Computer
Taking & Editing Digital Video
Lighting your subject
Studio work
Photographic visits**

Interested! Email – contact@springaid.co

Writing Back

An award-winning letter-writing project matching School of English students as pen pals with older Yorkshire residents.

With the act of letter writing becoming increasingly less common, this project considers the value of the letter and the power of cross-generational communication.



Winner of the
LeedsforLife Foundation Award 2015

Supported by donations to the Footsteps Fund

Project Co-ordinator: Georgina Binnie
G.E.Binnie@leeds.ac.uk
School of English
University of Leeds, Leeds, LS2 9JT
0113 343 6189



UNIVERSITY OF LEEDS



Dial House (12 Chapel Street, Leeds, LS15 7RW) offers support:

Friday at 11-2 (LGBT Group) and 2-4 (Trans Group)

For LGBT and Trans people experiencing mental health difficulties, especially those who are in a period of crisis. The groups provide person centred, non-directive, peer-led group support and safe space to socialise for LGBT and Trans people. To attend contact Sole to arrange a chat:

sole.scuderi@lslcs.org.uk 0113 260 9328



A twice-monthly social group for LGBT people experiencing mental health difficulties

2nd Thursday of the month: We meet in the evening at Yorkshire Mesmac for tea, coffee, chats and board games or films in a safe and supportive space .

4th Thursday of the month: We go out and about to do activities chosen by the group, there is usually some funding to help subsidise these trips.

To find out more and to arrange to join the group contact Leeds Mind Peer Support on 0113 305 5803 or peersupport@leedsmind.org.uk



MindWell is a new website which provides information about mental health in Leeds.

It provides a portal for anyone living or working in Leeds, including GPs and other professionals, to get quick and easy access to up-to-date mental health information.

<https://www.mindwell-leeds.org.uk/>

Events

LGBT Community Meetings:

LGB&T* Equality Hub Meetings:

28/11/17

Cosmopolitan Hotel (LS1 4AE) 5.00 for refreshments meeting starts at 5.30

<https://www.facebook.com/TheLGBTAgendaLeeds/?fref=nf>

LGBT Sports: leedslgbt sport.weebly.com



Off The Scene
Social space for the Leeds
LGBT+ communities

First Tuesday of the month, 6.30pm – 8.30pm

Leeds City Council

Mill Hill Chapel, City Square, Leeds City Centre

Inclusive of all gender identities & sexual orientations

We provide a social space for all, including under 18's. Free refreshments available on the evening, so bring your friends or come along and meet some new people from the Leeds LGBT+ communities.

Contacts:
Twitter @LeedsCC_LGBT
Facebook The LGBT Agenda Leeds
Email LeedsLGBT@Leeds.gov.uk
Web www.leeds.gov.uk/equality



Leeds LGBT+ Mapping Project Conference

Spotlight on mental health: Responding together to LGBT+ mental health needs in Leeds

Monday 9th October 2017 | 10am to 4pm

Oxford Place Centre | Oxford Place | Leeds LS1 3AX

Research published by Leeds LGBT+ Mapping Project in May 2017 found that 90% of LGBT+ survey respondents had experienced difficulties with their mental health. See this research here:

www.opforum.org.uk/lgbt

In response to this, and to mark World Mental Health Day, this event will bring people together to discuss how we can respond collectively to the mental health needs LGBT+ communities in Leeds.

Who this event is for?

This event is for mental health services from the statutory and third sectors, commissioners, LGBT+ groups and community members as well as organisations and individuals working on health and wellbeing in Leeds.

Lunch will be provided. [Please book on Eventbrite](#)

The venue has level access and is fully accessible. BSL will be provided on request.

This is a Forum Central event, supported by Leeds Survivor Led Crisis Service (LSLCS) and Yorkshire MESMAC.

LGBT support and social groups



The **MESMAC** website lists LGBT support and social groups here:

<http://www.mesmac.co.uk/find-help/support-groups>

Lots of groups (LGBT and more) use the **Meet Up** website to publicise their groups: look for 'Leeds Gay Men'; 'Lesbian Socials'; 'Out in Faith'; and Gay Outdoor Club (GOC) <http://www.meetup.com/>

Leeds Survivor Support Group: for trans men, Cis men and non-binary individuals who have experienced sexual abuse. Meets on Mondays fortnightly 6.30—8.30 at MESMAC Leeds. Contact: ls1mssg@gmail.com

Equity Partnership in Bradford have a lot of groups and activities:

<http://www.equitypartnership.org.uk/> and a Meet up:

<https://www.meetup.com/Bradford-LGBT-Equity-Partnership-Meetup/>

Leeds LGBT+ Mapping Project: <https://www.facebook.com/MapLGBTLeeds/>

LGB&T Agenda: <https://www.facebook.com/TheLGBTAgendaLeeds/>

Gay Leeds: <https://www.facebook.com/GayLeeds/>

Non- Binary social/support group: Monthly at MESMAC 6.30

19/7/17, 30/8/17, 20/9/17, 18/10/17, 29/11/17 Search for Non-Binary Leeds on Facebook or contact Jude for more information.

Leeds Gay Community: is a social group for Gay and Bisexual men of all ages; their aim is to provide a space where Gay people can meet and be themselves. It is mainly non-scene, offering discussions, presentations, and social outings, they meet on Fridays at the Leeds MESMAC office or at city centre locations, they are welcoming to older men and have a lively programme of activities which can be seen on the MESMAC website:

<http://www.mesmac.co.uk/find-help/support-groups/leeds-gay-community> Contact Raymond for more information: 0113 255 9973 or 07986 615912 lqc@mesmac.co.uk

Consultation Corner



Organisations, journalists and researchers are getting in touch asking to speak to older LGBT people. Many of these requests are opportunities to get participate in consultation which will influence services and your city. This could involve giving your views in one off interviews, surveys or focus groups, or joining on-going advisory groups. This listing gives basic information and you can choose to follow any that interest you.

Age UK Leeds have an Older People's Engagement (OPE) Group and are looking for representatives to link with our services and clients then give feedback and suggestions. The role requires commitment and attendance at OPE group meetings and meetings with the delivery teams and clients.

contact Simon Copland: simon.copland19@gmail.com or Hilary Brockway: hilary.brockway@ageukleeds.org.uk or call 0113 203 1116

Time to Shine involve people over 50 to help steer the direction of their Age Friendly work. Please contact Emily if you want to get involved: emily@opforum.org.uk or 0113 244 1697

Government Equalities Office is doing a big LGBT survey, closes on Oct 15th: <https://smartsurvey.co.uk/s/govuk-lgbt-survey/>

West Yorkshire Police

Unity is designed to empower communities by improving communication and cooperation through an online forum, accessed through an Internet web based platform or via an App on a smart-phone. We are looking for volunteers from the LGBTQ community and key organisations that support the community, to provide feedback for evaluation purposes,

If you are interested in taking part in the project or want to learn more about what unity can offer you, please email; unity@westyorkshire.pnn.police.uk or visit:

www.facebook.com/unityeuproject/

FREE LGBT HOUSING ADVICE SURGERY

Yorkshire MESMAC + Leeds Housing Options are working together to provide a confidential housing advice surgery for the LGBT community.

As well as offering specialist advice and service referrals, you can speak to us about a range of issues affecting your housing, including:

- Issues regarding homelessness or threats of homelessness
- Sofa surfing -Domestic Violence -Family mediation -Hate Crime
- Negotiation with your landlord -Council house application

Find us at 22-23 Blayds Yard, Leeds, LS1 4AD

To register interest or book an appointment, get in touch:

EMAIL: p.hands@mesmac.co.uk CALL: 01132444209 TEXT: 07767668428



Trans and non-binary people welcome, Your Sexuality and Gender Identity will be respected

TRANS SEXUAL HEALTH DROP-IN

3RD THURSDAY OF THE MONTH

6-8pm Yorkshire MESMAC Leeds

(22-23 Blayds Yard, Leeds, LS1 4AD)



Yorkshire MESMAC + TransLeeds are working together to provide a safe & confidential sexual health service for Trans communities

- Not linked to medical records -Identify how you wish.
- Gender neutral bathroom facilities. - Access to free condoms & lube.
- Fast track access to sexual health services for sex-working people.
- Free, fast & confidential HIV testing + full non-gendered chlamydia + gonorrhoea screening.
- TransLeeds will be offering a safe social space – You can attend the social space sexual health drop in or both.

To find out more get in touch: transleedscontact@gmail.com

MESMAC: 0113 2444209 07810 550530